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EDUCATION

- 2022 Masters of Mental Health- Psychotherapy
University of Queensland, Australia.
- 2016 Masters of Social Work
Griffith University, Australia.

PROFESSIONAL MEMBERSHIPS

- Ontario College of Social Workers and Social Service Workers (OCSWSSW)
- Alberta College of Social Workers (ACSW)
- Association of Family and Conciliation Courts (AFCC)
- International Society of Accelerated Resolution Therapy
- International Centre for Excellence in Emotionally Focused Therapy

PROFESSIONAL DEVELOPMENT:

- Emotion Focused Couples Therapy – International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)
- Accelerated Resolution Therapy
- Emotion Focused Individuals Therapy – ICEEFT
- Fundamentals of Parenting Plan Evaluations – Training with Association of Family and Conciliation Courts
- Voice of the Child Reports- Training by Dr Kim Harris
- Acceptance and Commitment Therapy – Training by Dr Steven C. Hayes
- Solution Focused Brief Therapy
- Cognitive Behaviour Therapy
- Trauma Focused Cognitive Behaviour Therapy
- Domestic and Family Violence Training – Safe and Together Institute

EMPLOYMENT HISTORY

2025- Present Family Flourish Therapy. Director, Independent Practice

- Counselling for Adults (18+) and couples, with specializations in trauma, divorce/separation and several mental health presentations

- Parenting Plan Evaluations (S. 30 C.L.R.A)
- Voice of the Child Reports

2025- Present Office of the Children Lawyer – Clinical Agent

- Conducting clinical parenting plan evaluations and writing reports pursuant to S. 112 of the Courts of Justice Act
- Conducting clinical interviews with children for the Voice of the Child Report

2024- 2025 Peachey Counselling & Family Support

- Counselling for children, teenagers, adults and couples
- Specializations in trauma, family conflict/ relationship difficulties, divorce/separation, family violence, co-parenting.
- Parenting Plan Evaluations (Section 30 assessments)
- Voice of the Child Reports

2024 - 2025 Life in Harmony Counselling Services

- Individual, Couple and family counselling regarding a variety of issues
- Focus areas on Trauma, Child development, Parenting conflict, divorce and separation.

2023-2024 YWCA Calgary

- Counselling provided to families impacted by trauma, domestic and family violence, anxiety, grief, depression and a range of mental health presentations
- Facilitated Parenting groups

2022- 2023 Federal Circuit and Family Court of Australia – Parenting Plan Evaluator/ Court Child Expert

- Conducted clinical parenting plan evaluations and provided reports to assist in Custody matters to the Federal Court
- Collaboration with Judicial Registrars in mediation to provide expert recommendations on the best interests of the child
- Conducted clinical observations of children and families and clinical interviews with children, to obtain their independent views in relation to custody access arrangements.

2021- 2022 Communitify/Act for Kids – Intensive Family Support Services
Team Leader

- Provided leadership to a team of family practitioners and domestic violence specialists in supporting vulnerable families
- Focus was mitigating risks relating to family violence, migration, mental health, housing, Substance misuse, Child protection, Child development and diverse cultural needs.

2019 – 2021 Uniting Care Community- Intensive Family Support Services
Child & Family Practitioner

- Supported families and children (0-18) through psychosocial risk assessments, psychoeducation, counselling and advocacy, with a range of issues ranging from

parenting, Substance misuse, homelessness, mental health, family violence and Child protection matters, to issues unique to culturally and linguistically diverse communities.

- Provision of Clinical Placement Supervision

2018-2021 Mater Health Services – Adolescent Drug and Alcohol Withdrawal Service
 – Youth Worker

- Focus on supporting young persons withdrawing from substance misuse in a health care setting

2016-2018 YCSS Child, Youth and Family Intervention Service
 Youth Worker

- Working with young persons in a out of home care residential settings to maximise positive outcomes, inclusive of positive transition to independence.